

Checklist: Finding an Excellent Acute Rehabilitation Hospital



Questions to Ask:

Is the facility licensed as a hospital or a skilled nursing facility? _____

How long has the facility been open? _____

Does a physician see the patient daily? _____

Are the nurses rehab-trained and how many patients are assigned to a nurse? _____

Is there a full-time physiatrist (a doctor specializing in acute rehabilitation) on staff along with other doctors who are experienced in acute rehabilitation? _____

Does the rehab team (doctor, therapists, nurses and case managers) meet weekly to evaluate the patient's progress? _____

What therapies are provided and how many days per week? Physical Therapy _____ Occupational Therapy _____
Speech Therapy _____ Therapeutic Recreation _____ Respiratory Therapy _____

How many hours per day does the patient receive therapy? _____ How many days per week does the patient receive therapy? _____

For Stroke patients, are the therapists NDT Trained? _____

Are the Speech Therapists Vital Stim certified? _____

Is the facility JCAHO Accredited? _____

Does the facility have a trained therapist to provide emotional support and help with needed adjustments? _____

Does the facility offer family education? _____

Does the facility offer a support group after patient discharges? _____

Does the facility coordinate home equipment needs? _____

Does the facility schedule additional outpatient therapy or Home Health needs at discharge? _____

Does the facility perform the following on campus or does patient have to be transferred to another facility?

- | | | | |
|--------------------------------|-----------|--------------------------|-----------|
| • Hemodialysis | Yes or No | • Ostomy Care- all types | Yes or No |
| • IV Infusions | Yes or No | • Life Vest | Yes or No |
| • Blood Product Administration | Yes or No | • PICC and Central Line | |
| • Wound Vac | Yes or No | Management | Yes or No |
| • CPAP (new and established) | Yes or No | • LVAD rehab | Yes or No |
| • BiPap (established) | Yes or No | • JP Drains | Yes or No |
| • Trach Care | Yes or No | • PleurX Tubes | Yes or No |

What are the visiting hours? _____

Can your pet visit? _____